ARASH LAW

Treatment & Medical Bills Options Checklist

No health insurance? Use this checklist to organize your treatment needs, medical bills, and possible payment options before meeting with an injury lawyer.

1 What Treatment Have You Received or Missed?

Check all that apply to your current treatment status.

- [ ] I received emergency room or hospital care.
- [ ] I still have pain or other symptoms.
- [ ] A doctor recommended more tests, visits, or therapy.
- [ ] I delayed or missed follow-up care because of the cost.
- [ ] I have upcoming appointments I cannot afford.

2 What Medical Bills Do You Already Owe?

Record unpaid amounts and providers.

- [ ] I have unpaid hospital or emergency room bills.
- [ ] I received separate bills from doctors, labs, or imaging centers.
- [ ] I have received payment reminders or collection notices.
- [ ] I have requested an itemized bill or account balance.
- [ ] I have made partial payments toward my medical bills.

Total unpaid medical bills (if known): $ _____

Medical provider(s) I owe: _____

3 Which Payment or Treatment Options Should You Ask About?

Discuss possible funding & assistance options.

- [ ] Hospital financial assistance or bill discounts.
- [ ] Medi-Cal eligibility and possible coverage for past bills.
- [ ] Available auto insurance or other applicable coverage.
- [ ] Payment plans for existing medical bills.
- [ ] Possible treatment arrangement with repayment terms.
- [ ] Medical liens or other repayment obligations.

4 Which Records Should You Bring to Your Lawyer?

Documents to gather for your consultation.

- [ ] Hospital records and discharge instructions.
- [ ] Medical bills and collection notices.
- [ ] Follow-up treatment recommendations.
- [ ] Accident report and available insurance information.
- [ ] Records of missed work and lost income.
- [ ] Records of canceled or delayed treatment.

5 Questions to Ask Your Injury Lawyer

Key questions regarding medical payment options.

- [ ] What options could help me pay my existing medical bills?
- [ ] What options could help me continue treatment without health insurance?
- [ ] Which insurance policies might cover my injuries?
- [ ] Would I have to repay any medical costs from a settlement?
- [ ] What additional documents do you need to review my options?

Important: Options depend on your situation. A lawyer can review coverage, bills, and treatment arrangements, but cannot guarantee payment, free care, or a provider.